

Before committing to treatment, please check your policy T&Cs carefully or get in touch with us, to see which 'Therapy Types' are covered and claimable under your plan, as your policy may not cover all of the below benefits. Professional registers listed in your policy T&Cs will still be acceptable if not listed below. If you would like further information about finding a registered practitioner, you may wish to contact one of the following organisations.

Therapy Type	Accepted Practitioners
Acupuncture	<ul style="list-style-type: none"> • Registered with the British Medical Acupuncture Society (BMAS) • Registered with the British Acupuncture Council (BACc) • Member of the Acupuncture Association of Chartered Physiotherapists (AACP) • Member of the Acupuncture Foundation Professional Association (AFPA) • Registered with the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), for practitioners with the prefixes FM, CA, CB and CC. • British Acupuncture Federation (BAF) • Complementary Therapists Association (CThA)* • Federation of Holistic Therapists (FHT)* <p>* Must show as a registered Acupuncturist</p>
Allergy Testing	<ul style="list-style-type: none"> • British Society for Allergy and Clinical Immunology registered (BSACI) • Diploma in Allergy and Environmental Therapy (Dip AET) • Diploma in Allergy Testing (Dip Allergy)
Bowen and Alexander Technique	<ul style="list-style-type: none"> • The Bowen Association UK (BowTech) • Bowen Therapy Academy of Australia (BTAA) • Bowen Therapy Professional Association (BTPA/BTER) • Complementary and Natural Healthcare Council (CNHC)* • Society of Teachers of the Alexander Technique (STAT) <p>* Must show as a registered therapist for Bowen/ Alexander Technique</p>
Chiropody/ Podiatry	Registered with the Health & Care Professions Council (HCPC) on the register of Chiropodists/Podiatrists
Chiropractic	Registered with the General Chiropractic Council (GCC)
Hearing Aids Dispensers	Registered with the Health & Care Professions Council (HCPC) on the register of Hearing Aid Dispensers
Homeopathy	<ul style="list-style-type: none"> • Complementary Therapists Association (CThA)* • Registered with the Society of Homeopaths (RSHom) • Registered with the Alliance of Registered Homeopaths (MARH) • Registered with the Faculty of Homeopathy (MFHom) • Member of The Federation of Holistic Therapists (FHT)* <p>* Must show as a registered Homeopath</p>

Therapy Type	Accepted Practitioners (continued)
Hypnotherapy	<ul style="list-style-type: none"> • British Society of Clinical Hypnosis (BSCH) • Complementary and Natural Healthcare Council (CHNC)* • Complementary Therapists Association (CThA)* • Federation of Holistic Therapists (FHT)* • General Hypnotherapy Register (GHR) • National Council for Hypnotherapy (NCH) • National Hypnotherapy Society (NHS) <p>*Must show as a registered Hypnotherapist</p>
Indian Head Massage	<ul style="list-style-type: none"> • Complementary Therapists Association (CThA)* • Federation of Holistic Therapists (FHT)* • International Therapy Examination Council (ITEC)* <p>* Must show as a registered Indian Head Masseuse, or Champissage</p>
Osteopathy	Registered with the General Osteopathic Council (GOsC)
Physiotherapy	Registered with the Health & Care Professions Council (HCPC) on the register of Physiotherapists
Reflexology	<ul style="list-style-type: none"> • Member/ Associate Member of the Association of Reflexologists (MAR/AMAR/AOR) • Fellow/Member of the British Reflexology Association (FBRA/MBRA) • Complementary and Natural Healthcare Council registered (CNHC)* • The Federation of Holistic Therapists (FHT)* • The Complementary Therapists Association (CThA)* <p>* Must show as a registered Reflexologist</p>
Reiki	<ul style="list-style-type: none"> • Complementary and Natural Healthcare Council (CNHC)* • Complementary Therapists Association (CThA)* • Federation of Holistic Therapists (FHT)* • Reiki and Seichem Association (RASA) • UK Reiki Federation (UKRF) <p>*Must show as a registered Reiki practitioner</p>
Sports Massage	<ul style="list-style-type: none"> • Complementary and Natural Healthcare Council (CHNC)* • Complementary Therapists Association (CThA)* • Federation of Holistic Therapists (FHT)* • Member of the Sports Therapy Organisation (MSTO) • Member of the Sports Massage Association (MSMA) • The British Association of Sport Rehabilitators and Trainers (BASRaT) <p>*Must show as a registered Sports Therapist, or Sports Masseuse</p>